

3846 N. Deer Lake Road Loon Lake, WA 99148

Preparing your child for camp

- If your child has never been away from home before, arrange for them to spend a
 night or two with grandparents or other relatives to get a feel for what it is like to
 be away from home.
- Share your personal camp stories with your child to build excitement and anticipation.
- Make sure your child has a basic understanding about personal hygiene. If bedwetting has been a concern, please ensure you've written instructions on the medical portion of the camper application.
- Refrain from holding family events while your child is away so they do not feel excluded.
- Pre-write your child a couple of letters. Mail them to camp a couple of days before sending your child to camp and indicate on the envelope which camp session they are attending.

Camp Packing Checklist

- Sleeping Bag
- T-Shirts
- Hat
- Pillow
- Swimsuit or Trunks
- Jacket
- Pajamas
- Towel & Washcloth
- Jeans
- Underwear & Socks
- Soap or Body-wash

- Shorts
- Bible
- Toothbrush
- Sturdy Shoes
- Paper & Pencil
- Toothpaste
- Sandals
- Shampoo
- Water Bottle
- Deodorant

What NOT to bring to camp

- Cell phones
- Computers
- Electronic readers
- Jewelry
- MP3 players
- Radios
- Videogames
- Watches
- Cameras
- Anything else you cannot afford to lose.

Prohibited Items

- Pets
- Personal sports equipment
- Tobacco
- Alcohol
- Drugs
- Guns
- Knives
- Explosives

Laundry - Camp Gifford does not provide laundry services for campers. Please make sure to send a sufficient supply of clothing with your child.

<u>Lost and Found</u> - Camp Gifford strongly urges parents/legal guardians to mark their children's belongings with their children's initials using a permanent marker. If any items are found at camp after a session, we will do our best to find out who the items belong to. However, if items go unclaimed and/or are not picked up within 2 weeks of conclusion of a camp session, they will be donated to charity.

<u>Personal Property</u> - Camp Gifford does not and will not assume responsibility for loss or damage to personal items. Valuable items include, but not limited to: cell phones, CD players, iPods, hand-held video game systems (such as Sony PSP), watches, computer devices (such as iPad/tablets), and video/DVD recorders. These are not necessary camping items and we strongly recommend leaving them at home.

<u>Pets</u> - The staff at Camp Gifford adores animals, but we ask that campers do not bring pets of any sort to camp.

Sports Equipment - Camp Gifford will provide all necessary recreational equipment. Please do not allow your camper to bring personal sports equipment of any kind. To reiterate, Camp Gifford will not assume responsibility for loss or damage to personal items.

Swim Test - Campers can enjoy a variety of water activities. Camp hires certified lifeguards to ensure the safety of all participants. On the first day of each camp session, each camper must take a swim test, which is a part of our safety plan. Please advise your child not to be nervous. Regardless of swimming ability, the goal of the camp staff is to ensure that all campers enjoy their camp experience at the pool to the fullest potential.